

The Capitol Reef Classic
3rd Annual High Desert Stage Race
July 16th & 17th, 2010
Loa, Utah

2 Days, 3 Stages
Time Trial
Circuit Race
Road Race

USA Cycling Permit 2010-1957



RACE BIBLE

The Capitol Reef Classic Stage Race is an annual event that will challenge the most experienced racer and has also been designed to facilitate the transition from recreational cyclist to the world of competition. The location of this event takes place in one of Utah's best kept secrets of high desert/alpine terrain. You will enjoy moderate summer temperatures in this beautiful natural setting. Each event is designed to be exciting and challenging for your particular skill/category.

Gold Medal Sponsors

HAMMER Nutrition
Café Diablo – Torrey
Chillz Malt Shoppe - Torrey
Kelson Custom Cycles – Ashton, ID
The Lodge at Red River Ranch – Torrey
Muley Twist Inn – Teasdale
The Power Plant Fitness Center – Bicknell
Sandstone Inn & Restaurant – Torrey
The Tooth Ranch – Bicknell
Wayne County Travel Council

Silver Medal Sponsors

Castle Rock Coffee & Candy – Torrey
Laforborn Guest Ranch - Teasdale
Maria's Grill – Loa
Red Rock Ranch - Robert & Charlotte Williams Family – Teasdale
Road Creek Lodge - Loa
Royal's Market – Loa
Sunglow Motel & Restaurant – Bicknell

Bronze Medal Sponsors

Best Western capitol Reef Resort – Torrey
Blackburn's Service – Bicknell
Chuck Wagon Lodge and General Store - Torrey
Garkane Energy
Pine Shadows Bungalows - Teasdale
Snuggle Inn – Loa
Subway/Phillips 66 – Torrey
Wayne County Business Association - Torrey

****Please support our sponsors****

RACE RULES AND PROCEDURES

1. All **USACycling Stage Race** regulations apply. (go to USACycling.com for details) A rider must finish/complete each preceding stage in order to be allowed to *start* the next stage. This is **not** an 'omnium' format.
2. Each stage is considered an **open course** event; there are cattle guards, obstacles, automobiles, traffic signs, and construction areas. It is the responsibility of each participant, and any of your support crew to obey all traffic laws
3. Race **numbers** are to be worn on both the back left and back right sides.
4. This is **NOT** a timing chipped event. Timing of each stage will be '**Photo Finish**'. It is imperative for all athletes to display their race numbers as required by race officials. An example will be on display at registration/packet pick-up.
5. VIOLATIONS committed by your support crew will result in the rider being penalized. Obey ALL directions of race officials. Penalties will be imposed for violations by the Chief Referee.
6. If support crew vehicle impedes traffic in ANY WAY the racer may be disqualified. Cyclists and the group they are riding with should not impede the normal and reasonable movement of vehicle traffic.
7. If an intersection is not marshaled, the riders **MUST OBEY ALL** stop signs and rules of the road.
8. There will be **wheels-in / wheels-out** vehicles for each category, on a *first come-first served* basis.
9. There will be 2 '**Neutral Feed Zones**' on the 81 mile Road Race and 1 for the 52 mile Road Race. Each feed zone will include a '**Neutral Feed Zone**' at the *beginning* of the zone and then will be immediately followed by a 'Feed Zone' if you have support that you are bringing with you.
10. There will be 'Drop Zones' following the 'Feed Zone'. DO NOT LITTER!
11. Unsafe or unsportsmanlike conduct will not be tolerated. You WILL be disqualified.
12. Time Trial start times will be posted at The Power Plant Fitness Center in Bicknell at the race packet pick up. The address is 374 S. 300 E, SR-24. It will also be posted at the start area of the Time Trial, in Loa.
13. Time Trial Bikes and aero bars are permitted during the TT ONLY. USACycling regulations DO NOT permit the use of aero bars during any other stage of the race.
14. The race officials may initiate a neutral at the start of all categories, participating in the 81 mile road race for approximately the first 2 miles.
15. Riders **must complete** the preceding stage in order to be qualified to participate in the next stage event.
16. Results will be posted after each event along with the start of each stage at The Power Plant Fitness Center in Bicknell, also at the 'event' trailer, at the start/finish, in Teasdale.
17. Riders must **SIGN IN 15 minute** prior to the start of the circuit race and road race. Failure to sign in may result in a fine. 4H4b
18. Protests of incidents (e.g., foul riding) within a stage must be made in person to the Chief Referee (or their designee) as soon as your event concludes.
19. Results for each stage must be protested prior to the start of the next stage and within the standard 15 minute after final *stage 3* results are posted.
20. **Helmets** must be worn at all times if you are **on your bike**, from the START of *registration* until the FINAL awards.
21. Cyclist must notify a race official or event staff if they *drop out* of the race.
22. Crossing back over the '**finish line**' after course completion will result in a penalty.
23. **Centerline** rule applies for all events.
24. Any categories may be combined based on rider registration numbers and with the agreement of the Race Promoter and the Chief Referee.
25. All unlicensed riders will be required to purchase a 1 day license for each day of racing when you register. ** 2 (two) 1 day license for the event **

Prize list for *final* results of each category

\$1675 Cash and Prizes

Places	Mn Pro 1-2	Mn Cat 3	Mn Cat 4	Mn Cat5	Mn Masters 35+	Mn Masters B	Mn Masters 45+	MnMasters 55+
1	\$225	\$100	\$75	merchandise	\$65	\$65	\$65	\$65
2	125	50	40	merchandise	30	30	30	30
3	75	25	20	merchandise	20	20	20	20
4	50							
5	25							

Places	Wmn Pro 1-2-3	Wmn Maters	Wmn Cat 4	* all Juniors
1	\$100	\$65	\$65	merchandise
2	50	30	30	merchandise
3	25	20	20	merchandise

*3 places per age group per male/female

Gold Medal for all 1st place finishers

Silver Medal for all 2nd place finishers

Bronze Medal for all 3rd place finishers

All racers who complete all 3 Stages will receive a finisher's medal

Stage results will be posted and made available as soon as possible after each event. Event standings will be posted for Friday's stages at 'The Power Plant Fitness Center' in Bicknell, and on the race/event trailer. Watch for any changes in start times for each succeeding event.

The final awards presentation will also take place at approximately 3:00pm, location to be announced.

The following Categories are offered

Men Pro/1/2

Men Cat 3

Men Cat 4

Men Masters 35+

Men Masters 45+

Men Masters 55+

Men Masters B 3/4/5

Men Cat 5

Women Pro/1/2/3

Women Cat 4

Women Masters

Junior Women

Junior Men

Thanks to our race officials –

Cindy Yorgason – Chief Referee

Doug Murray – Chief Judge

Kris Vincent – Assistant Official

Bob Stevenson – Assistant Official

Shanna Matheson – Assistant Official

Harry Lam – Motor Ref

Matt Storms – Motor Ref

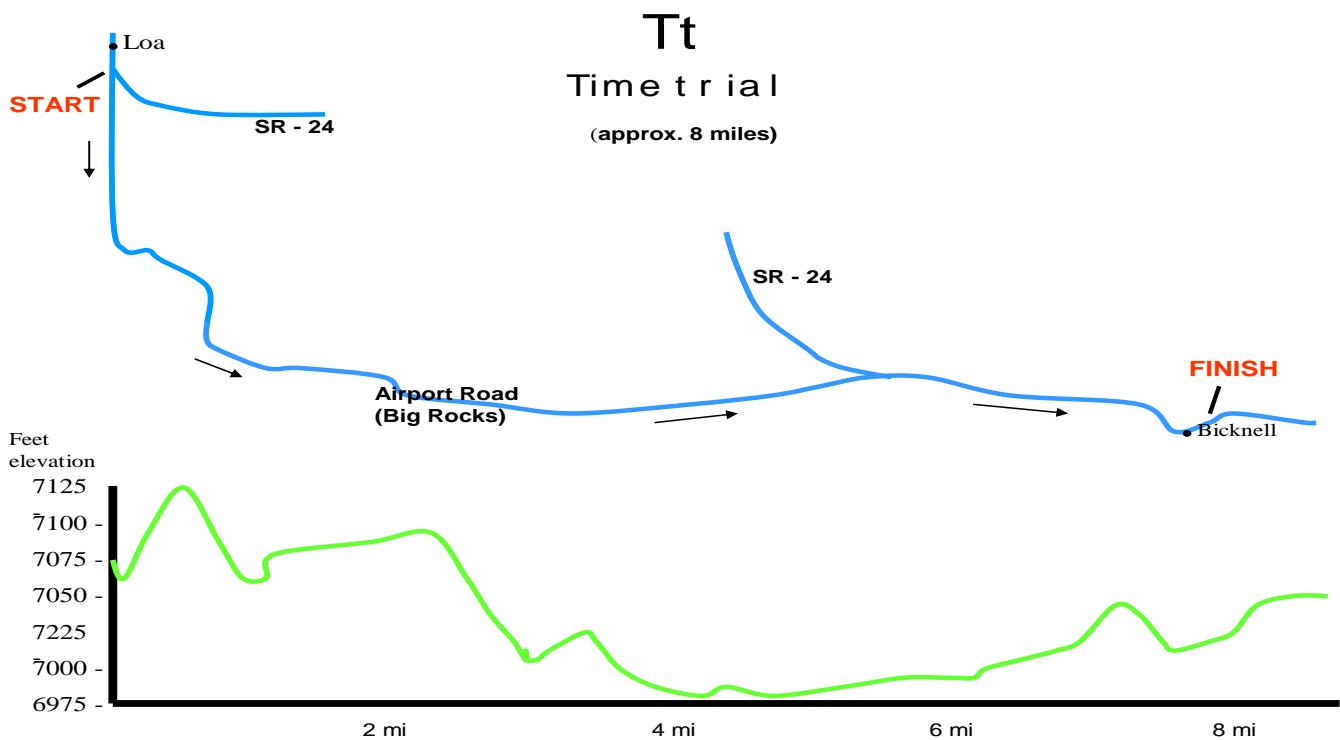
Jim Mohle – Motor Ref

STAGE 1: Individual Time Trial, Friday July 16th, 9:00 a.m.

Location – The start will be at the junction of Main Street and 300 South in Loa. Parking is available on 300 South just off of Main Street. Please do not block the driveways. **NO PARKING ON THE COURSE!** Warm up is available on any of the side roads in Loa.

Restrooms – Porta-potties will be available at the start. Public urination is not permitted.

Course – 7.9 miles. Good pavement, rolling terrain, fast chicanes, and 1 cattle guard. Route goes directly to Bicknell from Loa, on the ‘Big Rocks’/airport road. Watch for livestock and farm equipment.



Start Order

Race Category

Junior Women 14 & under
Junior Men 14 & under
Junior Women 15 & up
Junior Men 15 & up
Women Cat 4
Women Masters
Men Cat 5
Men Masters B
Men Masters 55+
Men Masters 45+
Men Masters 35+
Women Pro 1/2/3
Men Cat 4
Men Cat 3
Men Pro 1/2

Start Time/Order

1st off – 9 a.m.
2nd off
3rd off
4th off
5th off
6th off
7th off
8th off
9th off
10th off
11th off
12th off
13th off
14th off
15th off

TT Route:

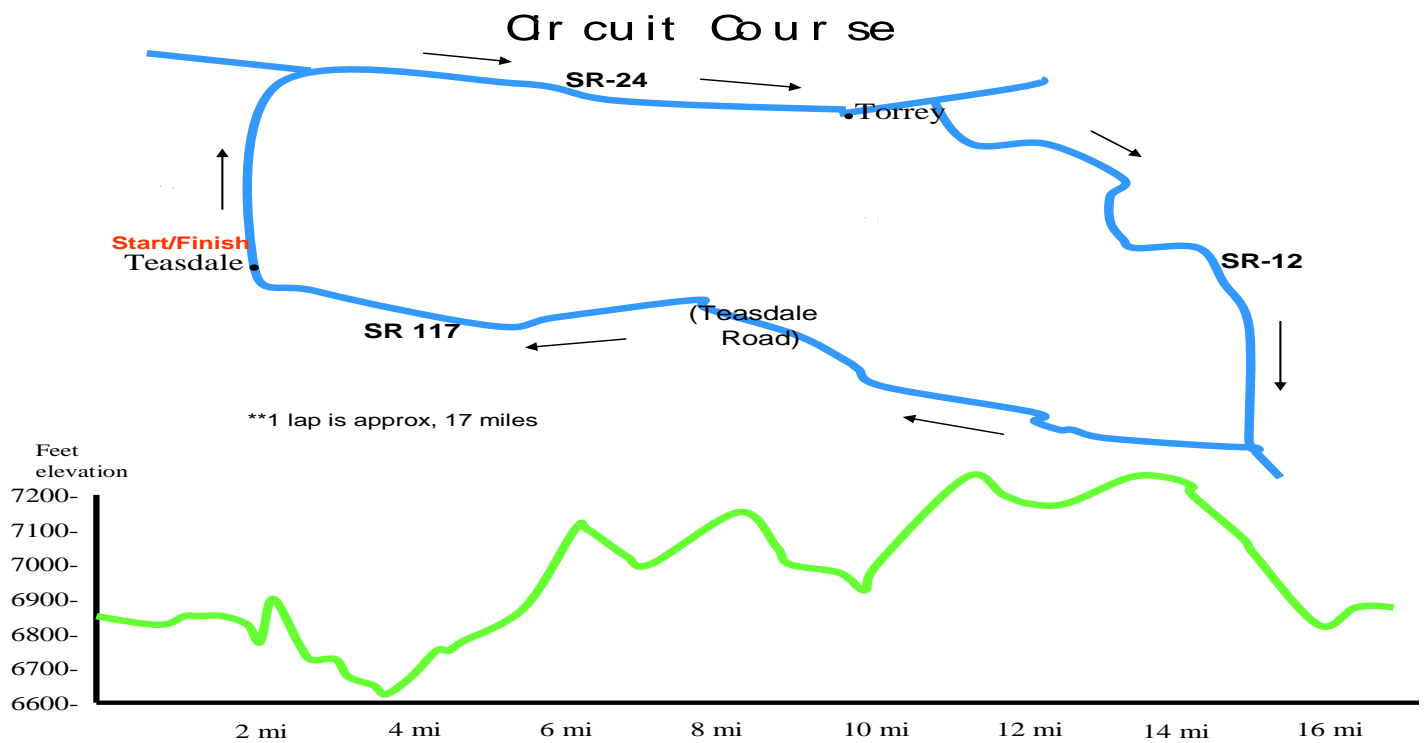
Start in Loa
5.8 mi. Cattle Guard
5.8 mi. Right turn just past cattle guard onto SR-24
8.3mi. Finish – in town of Bicknell

Stage 2: Eric Kinsman Memorial Circuit Race Friday July 16th, 2:30 p.m.

Location – The start will be in the town of **Teasdale**. To get to Teasdale turn on 800 North (Teasdale Road) off of SR-24, just west of Torrey. Parking is available at the Teasdale Park on Main Street. Warm up is available on any of the side roads in Teasdale.

Restrooms - Porta-potties will be available close to the start. Public urination is not permitted.

Course – The circuit is about 17 miles with the finish at the same location as the start. The course contains a couple of 6-8% climbs. Good pavement with some damage close to the shoulders. Please use caution at **3 of the intersections**; 1) approaching SR-24 from the Teasdale Road, 2) turning onto SR-12 from SR-24, and 3) turning onto the Teasdale Road from SR-12. Watch for tourists, livestock, and farm equipment.



Start Order

<u>Race Category</u>	<u>Start Time/Laps</u>
Women Cat 4	2:30 p.m./1 lap
Women Masters	2:30 p.m./1 lap
Junior Women	2:30p.m./1 lap
Junior Men	2:30 p.m./1 lap
Men Pro 1/2	3:00 p.m./3 laps
Men Cat 3	3:10 p.m./3 laps
Men Masters 35+	3:20 p.m./2 laps
Men Masters 45+	3:30 p.m./2 laps
Men Masters 55+	3:30 p.m./1 lap
Men Cat 5	4:00 p.m./1 lap
Men Masters B	4:10 p.m./1 lap
Women Pro 1/2/3	4:20 p.m./2 laps
Men Cat 4	4:30 p.m./2 laps

Circuit Route

Start in Teasdale
1.2 mi. turn right onto SR-24
5.2 mi. turn right onto SR-12
9.8 mi. turn right onto Teasdale Rd.
17.1 mi. Start/Finish in Teasdale (1lap)

Stage 3: Road Race, Saturday July 17th, 8 a.m.

Location – Start/finish will be in **Teasdale**, the same location as the circuit race.

Restrooms – Porta-potties will be available at the start/finish location. There are some restrooms along the long course and at the feed zones. Public urination is not permitted and may result in a penalty.

Parking - Please park at the Teasdale City Park, and secondary streets. Do not block driveways; be very courteous and respectful of property owners.

Lunch – a free lunch will be available at the finish line for racers. Family and friends will be able to purchase lunch: *adults* - \$6.50 *kids* - \$4.50

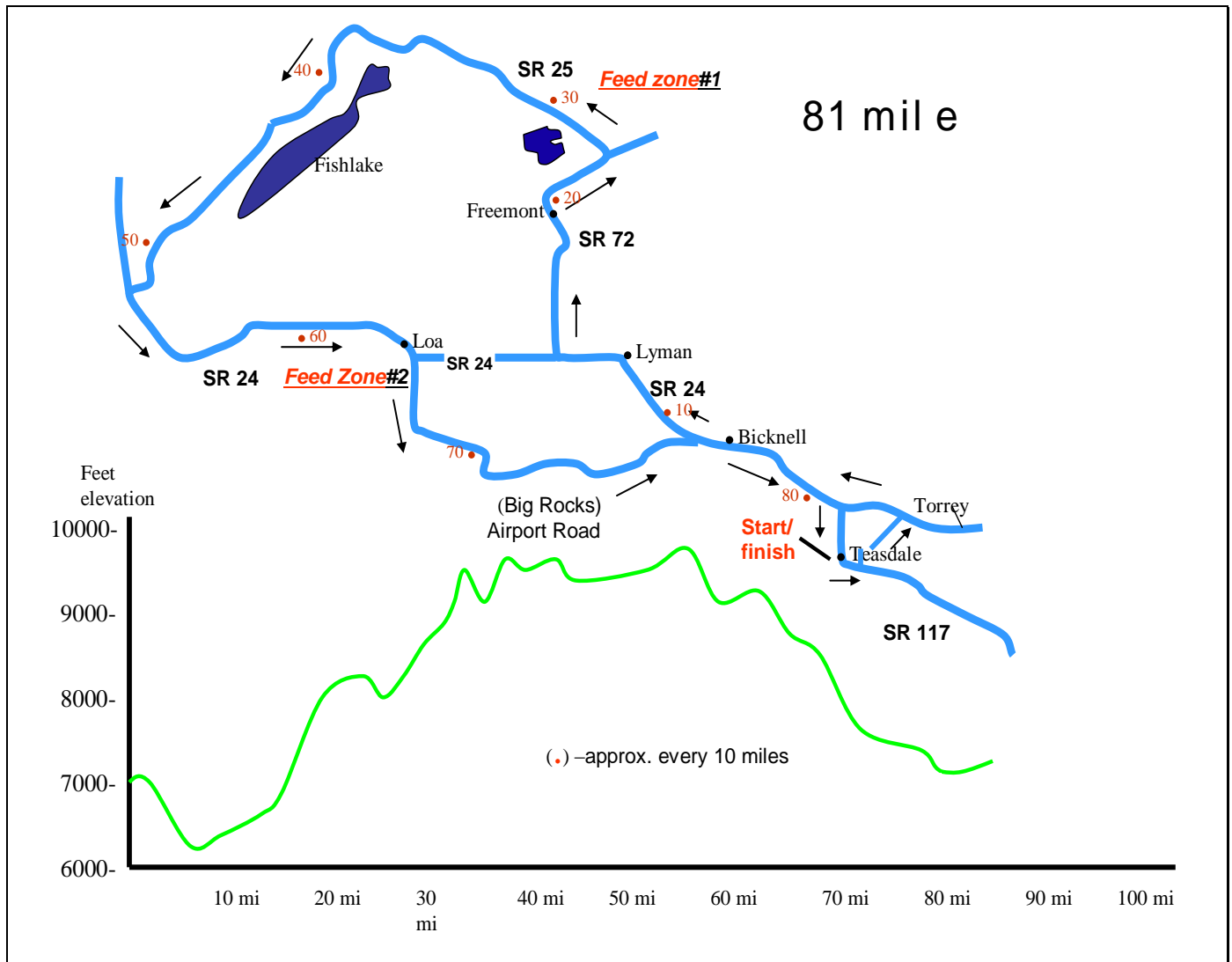
MENU: Shredded BBQ Chicken Sandwich – Green Salad – Fruit – Chips – Sodas

** Provided by Maria's Grill**

Start Order

<u>Race Category</u>	<u>Start Time</u>	<u>Distance</u>
Men Pro 1/2	8:00	Long Course
Men Cat 3	8:10	Long Course
Men Masters 35+	8:20	Long Course
Men Masters 45+	8:30	Long Course
Men Cat 4	8:40	Long Course
Men Masters 55+	8:30	Medium Course
Masters B	8:50	Medium Course
Women Pro 1/2/3	9:00	Medium Course
Men Cat 5	9:10	Medium Course
Women Cat 4	9:20	Medium Course
Women Masters	9:20	Medium Course
Juniors 15 & up	9:30	Short Course
Juniors 14 & under	9:40	Short Course

Long Course – 81 mile *figure 8* course. 6-11% grades. Good roads, 9 cattle guards, feed zones at miles 30.0 and 68.3, along with 2 neutral feed zones. Watch for tourists, livestock, and farm equipment.



Long Course:

START in Teasdale

- head south-east on Teasdale Rd.
- 0.5mi. Left turn onto 100 E.
- 2.4mi. Left turn onto SR-24
- **race **neutral** until green flag on SR-24
- 7.8mi. Bicknell Town
- 12.8mi. Lyman Town
- 14.8mi. Right turn onto 1100 E./SR-72
- 15.8mi. STOP sign ... straight through intersection
- 18.9mi. Freemont Town ... continue on SR-72
- 24.2mi. Left onto 3540 E./Mill Meadow Rd.(SR-25)
...after cattle guard
- 30.0mi. neutral **Feed Zone #1** followed by Feed Zone

- 37.1mi. **CAUTION:** open cattle guard
- 44.0mi. active campground on **R**, boat launch on **L**
- 47.4mi. cattle guard
- 53.9mi. Left onto SR-24
- 67.9mi. Right onto 'Airport' Rd./TT Course
- 68.3mi. neutral **Feed Zone #2** followed by Feed Zone
- 73.9mi. Right onto SR-24 after cattle guard
- 75.5mi. Bicknell Town
- 80.6mi. Right onto Teasdale Rd.
- 81.6mi. Teasdale Town ... **FINISH!!!**

Medium Course – 52 mile *figure 8* route. A good road, 1 cattle guard, 2 climbs at 6-9%, 1 feed zone at mile 32.1. Watch for tourists, livestock, and farm equipment.

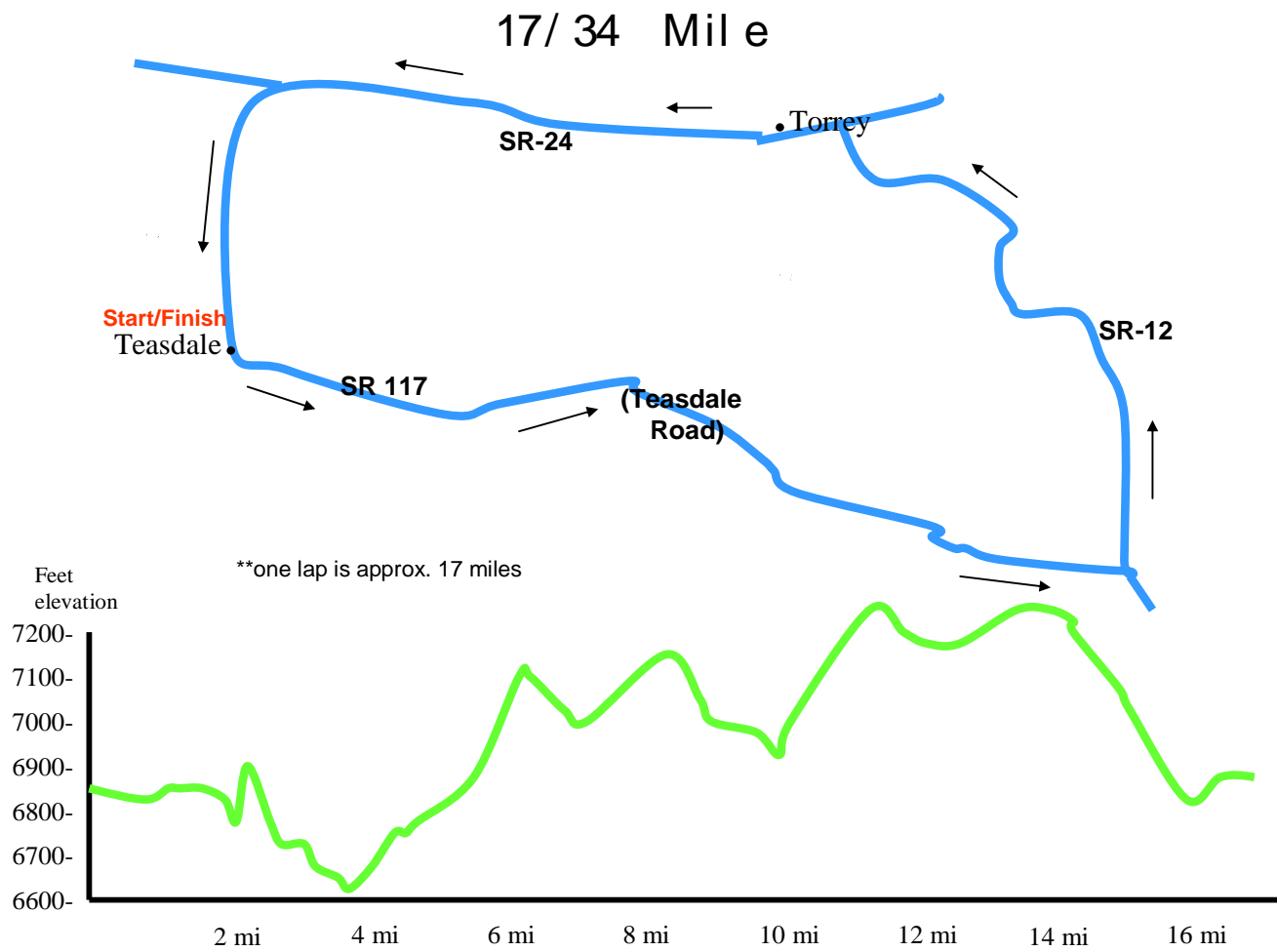


Medium Course:

START in Teasdale

- head south-east on Teasdale Rd.
- 6.9mi. Left turn onto SR-12
- 11.6mi. Left turn onto SR-24
- 12.5mi. Torrey Town – active tourism
- 20.5mi. Bicknell Town
- 25.5mi. Lyman Town
- 27.5mi. Right turn onto 1100 E./SR-72
- 28.5mi. STOP sign ... straight through intersection
- 31.6mi. Freemont Town ... Left turn onto Main St.
- 32.1mi. **Feed Zone** at top of short hill.
- 36.0mi. *merge* onto SR-24
- 36.9mi. bare Right onto 'Airport' Rd./TT Course
- 42.9mi. Right turn onto SR-24 after cattle guard
- 44.5mi. Bicknell Town
- 49.7mi. Right turn onto Teasdale Rd.
- 51.3mi. Teasdale Town ... **FINISH!!!**

Short Course – 17/34 mile clockwise circuit. Gradual climbs, good paved roads, some broken shoulders. Watch for tourists, livestock, and farm equipment.



Short Course:

- Start/Finish in Teasdale
- head south-east on Teasdale Rd.
- 6.9mi. Left turn onto SR-12
- 11.6mi. Left turn onto SR-24
- 12.5mi. Torrey Town...active tourism
- 15.8mi. Left onto Teasdale Rd
- 17.1mi. Start/Finish (Juniors 15 & up-2 laps)