

The Capitol Reef Classic
4th Annual High Desert Stage Race
July 15th & 16th, 2011
Loa, Utah

2 Days, 3 Stages
Time Trial
Circuit Race
Road Race

USA Cycling Permit 2011-2108



TECHNICAL GUIDE

The Capitol Reef Classic Stage Race is an annual event that will challenge the most experienced racer and has also been designed to facilitate the transition from recreational cyclist to the world of competition. The location of this event takes place in one of Utah's best kept secrets of high desert/alpine terrain. You will enjoy moderate summer temperatures in this beautiful natural setting. Each event is designed to be exciting and challenging for your particular category level.

Gold Medal Sponsors

HAMMER Nutrition
Café Diablo – Torrey
Chillz Malt Shoppe - Torrey
The Lodge at Red River Ranch – Torrey
Muley Twist Inn – Teasdale
The Power Plant Fitness Center – Bicknell
Sandstone Inn & Restaurant – Torrey
The Tooth Ranch – Bicknell
Wayne County Special Service District #1

Silver Medal Sponsors

Austin's Chuckwagon & General Store – Torrey
Castle Rock Coffee & Candy – Torrey
Maria's Grill – Loa
Red Rock Ranch - Robert & Charlotte Williams Family – Teasdale
The Aquarius Inn – Bicknell
Wayne Community Health Center - Bicknell
Royal's Market – Loa
Sunglow Motel & Restaurant – Bicknell

Bronze Medal Sponsors

Best Western Capitol Reef Resort – Torrey
Slackers Burger Joint - Torrey
Subway/Phillips 66 – Torrey
Garkane Energy

****Please support our sponsors****

RACE RULES AND PROCEDURES

1. All USACycling Stage Race regulations apply. (go to USACycling.com for details) **A rider must finish/complete each preceding stage in order to be allowed to start the next stage.**
2. Each stage is considered an **open course** event; there are cattle guards, obstacles, automobiles, traffic signs, and construction areas. It is the responsibility of each participant, and any of your support crew to obey all traffic laws
3. **Centerline** rule applies to all events.
4. Race **numbers** are to be worn on **both** the back left and back right sides.
5. Timing of each stage will be **'Photo Finish'**. It is imperative for all athletes to display their race numbers as required by race officials. An example will be on display at registration/packet pick-up.
6. Cyclists and the group they are riding with should not impede the normal and reasonable movement of vehicle traffic.
7. If an intersection is not marshaled, the riders **MUST OBEY ALL** stop signs and rules of the road.
8. There will be **wheels-in / wheels-out** vehicles for each category, on a *first come-first served* basis.
9. There will be 3 **'Feed Zones'** on the 81 mile Road Race and 1 for the 52 mile Road Race. Each feed zone will include an area for "Personal Feeders" at the *beginning* of the zone (i.e. your support/family/friends) and then the **'Neutral Feed Zone'** feeders.
10. There will be 'Drop Zones' at the very end of the 'Feed Zones'. **DO NOT LITTER!**
11. Unsafe or unsportsmanlike conduct will not be tolerated. You **WILL** be disqualified.
12. Time Trial start times will be posted at The Power Plant Fitness Center in Bicknell at the race packet pick up. The address is 374 S. 300 E, SR-24. It will also be posted at the start area of the Time Trial, in Loa. TT start times will be available on line by Thursday, 14th at 2:00pm.
13. Time Trial Bikes and aero bars are permitted during the TT **ONLY**. USACycling regulations **DO NOT** permit the use of aero bars during any other stage of the race.
14. **King of the Mountain (KOM)** competition. The Categories participating are as follows;
Men 35+, 45+, Cat 4, Cat 3 & Pro/1/2. Stage 2 & 3.
15. Results will be posted after each event along with the start of each stage at The Power Plant Fitness Center in Bicknell, also at the 'event' trailer, at the start/finish, in Teasdale.
16. Riders must **SIGN IN** at least 15 minutes prior to the start of the circuit race and road race.
17. Results for each stage must be protested prior to the start of the next stage and within the standard 15 minute after final *stage 3* results are posted.
18. **Reminder: Helmets** must be worn at all times if you are **on your bike**, from the **START** of *registration* until the **FINAL** awards.
19. Cyclist must notify a race official or event staff if they *drop out* of the race.
20. Crossing back over the **'finish line'** after course completion will result in a penalty.
21. Any categories may be combined based on rider registration numbers and with the agreement of the Race Promoter and the Chief Referee.
22. All unlicensed riders will be required to purchase a 1 day license for each day of racing when you register. **** 2 (two) 1- day license for the event ****

Prize list for *final* results of each category

\$1950 Cash and Prizes

Places	<u>Mn Pro/1/2</u>	<u>Mn Cat 3</u>	<u>Mn Cat 4</u>	<u>Mn Cat5</u>	<u>Mn Masters 35+</u>	<u>Mn Masters B</u>	<u>Mn Masters 45+</u>	<u>MnMasters 55+</u>
1	\$315	\$100	\$75	merchandise	\$65	\$65	\$65	\$65
2	175	50	40	merchandise	30	30	30	30
3	100	25	20	merchandise	20	20	20	20
4	75							
5	60							
6	50							
7	40							
8	35							
9	25							

Places	<u>Wmn Pro/1/2/3</u>	<u>Wmn Maters</u>	<u>Wmn Cat 4</u>	<u>* all Juniors</u>
1	\$100	\$65	\$65	merchandise
2	50	30	30	merchandise
3	25	20	20	merchandise

*3 places per age group per male/female

Gold Medal for all 1st place finishers
Silver Medal for all 2nd place finishers
Bronze Medal for all 3rd place finishers

King of the Mountain

Stage #2: Men 35+, 45+, Cat 4 – *Lap 2*, mile 27.2

Men Cat 3 & Pro/1/2 – *Lap 2*, mile 27.2, and *Lap 3* mile 44.2

Stage #3: Men 35+, 45+, Cat 4, Cat 3 & Pro/1/2 – mile 24.1 and mile 34.0

**All mountain climbs on Friday and Saturday will be awarded *points* as follows to 5 places:

1 st place	5 points
2 nd	4
3 rd	3
4 th	2
5 th	1

KOM Medals will be awarded on Saturday to the *individuals* with the highest point totals accumulated from stages 2 & 3, for each participating category.

All racers who complete all 3 Stages will receive a *finisher's medal*

Stage results will be posted and made available as soon as possible after each stage. Results will be posted for Friday's stages at 'The Power Plant Fitness Center' in Bicknell, and on the race/event trailer in Teasdale. The final awards presentation will also take place at approximately 3:00pm, location to be announced.



The following Categories are offered

Men Pro/1/2

Men Cat 3

Men Cat 4

Men Cat 5

Men Masters 35+

Men Masters 45+

Men Masters 55+

Men Masters B 4/5

Women Pro/1/2/3

Women Cat 4

Women Masters

Junior Women

Junior Men

Thanks to our race officials –

Cindy Yorgason – Chief Referee

Kris Hintze – Chief Judge

Doug Murray – Assistant Official

Bob Stevenson – Assistant Official

Holly Blanco – Assistant Official

Richard Blanco - Motor Ref

Harry Lam – Motor Ref

Jim Mohle – Motor Ref

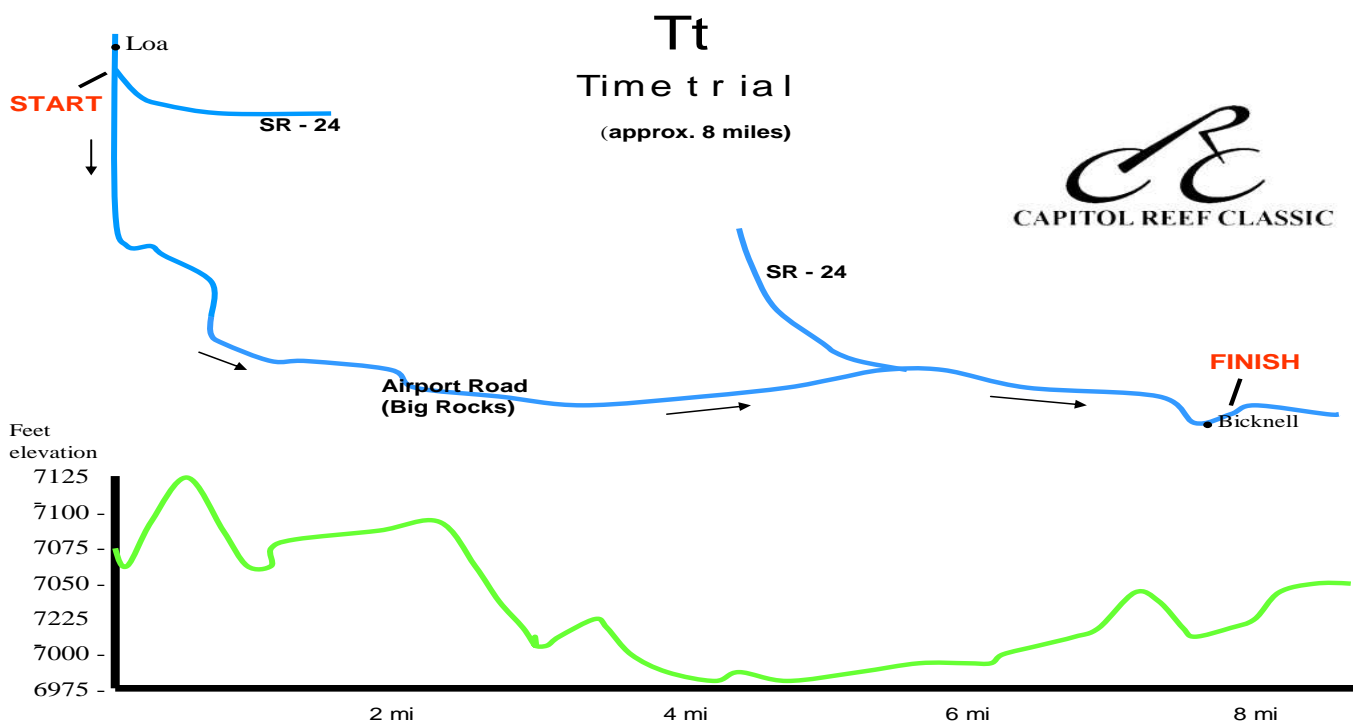
Matt Storm – Motor Ref

STAGE 1: Individual Time Trial, Friday July 15th ,9:00 a.m.

Location – The start will be at the junction of Main Street and 300 South in Loa. Parking is available on 300 South just off of Main Street. Please do not block the driveways. **NO PARKING ON THE COURSE!** Warm up is available on any of the side roads in Loa.

Restrooms – Porta-potties will be available at the start. Public urination is not permitted.

Course – 7.9 miles. Good pavement, rolling terrain, fast chicanes, and 1 cattle guard. Route goes directly to Bicknell from Loa, on the ‘Big Rocks’/airport road. Watch for livestock and farm equipment.



Start Order

<u>Race Category</u>	<u>Start Time/Order</u>
Junior Women 14 & under	1 st off – 9 a.m.
Junior Men 14 & under	2 nd off
Junior Women 15 & up	3 rd off
Junior Men 15 & up	4 th off
Women Cat 4	5 th off
Women Masters	6 th off
Men Cat 5	7 th off
Men Masters B	8 th off
Men Masters 55+	9 th off
Men Masters 45+	10 th off
Men Masters 35+	11 th off
Women Pro/1/2/3	12 th off
Men Cat 4	13 th off
Men Cat 3	14 th off
Men Pro/1/2	15 th off

TT Route:

Start in Loa
5.8 mi. Cattle Guard
5.8 mi. Right turn just past cattle guard onto SR-24
8.3mi. Finish – in town of Bicknell

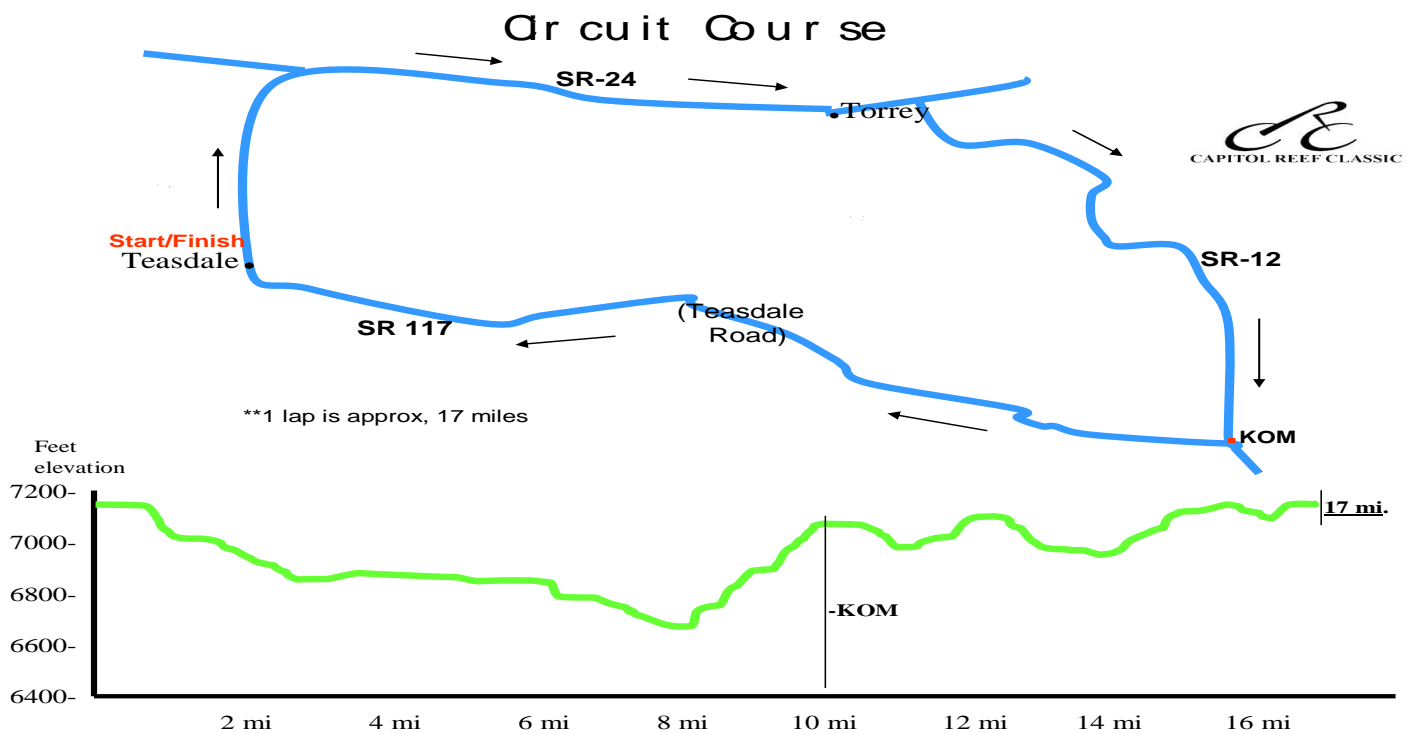
Stage 2: Eric Kinsman Memorial Circuit Race

Friday July 15th, 2:30 p.m.

Location – The start will be in the town of **Teasdale**. To get to Teasdale turn on 800 North (Teasdale Road) off of SR-24, just west of Torrey. Parking is available at the Teasdale Park on Main Street. Warm up is available on any of the side roads in Teasdale.

Restrooms - Porta-potties will be available close to the start. Public urination is not permitted.

Course – The circuit is about 17 miles with the finish at the same location as the start. The course contains a couple of 6-8% climbs. **KOM** at mile 27.2 & 44.2. Good pavement with some damage close to the shoulders. Please use caution at **3 of the intersections**; 1) approaching SR-24 from the Teasdale Road, 2) turning onto SR-12 from SR-24, and 3) turning onto the Teasdale Road from SR-12. Watch for tourists, livestock, and farm equipment.



Start Order

<u>Race Category</u>	<u>Start Time/Laps</u>
Women Cat 4	2:30 p.m./1 lap
Women Masters	2:30 p.m./1 lap
Junior Women	2:30p.m./1 lap
Junior Men	2:30 p.m./1 lap
Men Pro/1/2	3:00 p.m./3 laps
Men Cat 3	3:10 p.m./3 laps
Men Masters 35+	3:20 p.m./2 laps
Men Masters 45+	3:30 p.m./2 laps
Men Masters 55+	3:30 p.m./1 lap
Men Cat 5	4:00 p.m./1 lap
Men Masters B	4:10 p.m./1 lap
Women Pro/1/2/3	4:20 p.m./2 laps
Men Cat 4	4:30 p.m./2 laps

Circuit Route

Start in Teasdale
 1.2 mi. turn right onto SR-24
 5.2 mi. turn right onto SR-12
 10.2 mi. turn right onto Teasdale Rd.
 17.1 mi. Start/Finish in Teasdale (1lap)

KOM mi. 27.2 & 44.2 (before turn)

Stage 3: Road Race, Saturday July 16th, 8 a.m.

Location – Start/Finish will be in **Teasdale**, the same location as the circuit race.

Restrooms – Porta-potties will be available at the start/finish location. There are some restrooms along the long course and at the feed zones. Public urination is not permitted and may result in a penalty.

Parking - Please park at the Teasdale City Park, and secondary streets. Do not block driveways; be very courteous and respectful of property owners.

Lunch – a free lunch will be available at the finish line for racers beginning at 12:30pm. Family and friends will be able to purchase lunch for \$6.95

MENU: Shredded BBQ Chicken Sandwich – Green Salad – Fruit – Chips – Sodas

** Provided by **Maria's Grill****

Start Order

<u>Race Category</u>	<u>Start Time</u>	<u>Distance</u>
Men Pro/1/2	8:00	Long Course
Men Cat 3	8:10	Long Course
Men Masters 35+	8:20	Long Course
Men Masters 45+	8:30	Long Course
Men Cat 4	8:40	Long Course
Men Masters 55+	8:50	Medium Course
Masters B	9:00	Medium Course
Women Pro/1/2/3	9:10	Medium Course
Men Cat 5	9:20	Medium Course
Women Cat 4	9:30	Medium Course
Women Masters	9:30	Medium Course
Juniors 15 & up	9:40	Short Course
Juniors 14 & under	9:50	Short Course

Long Course – 81 mile *figure 8* course. 6-11% grades. Good roads, 9 cattle guards, **feed zones** at miles 30.0, 40.1 and 68.3. **KOM** at mile 24.1, & 34.0. Watch for tourists, livestock, and farm equipment.



Long Course:

START in Teasdale

-head south-east on Teasdale Rd.

-0.5mi. Left turn onto 100 E.

-2.4mi. Left turn onto SR-24

-**race **neutral** until green flag on SR-24

-7.8mi. Bicknell Town

-12.8mi. Lyman Town

-14.8mi. Right turn onto 1100 E./SR-72

-15.8mi. STOP sign ... straight through intersection

-18.9mi. Freemont Town ... continue on SR-72

-24.1mi. **KOM**

-24.2mi. Left onto 3540 E./Mill Meadow Rd.(SR-25)

-30.0mi. **Feed Zone #1** followed by *Neutral* Feed Zone

-34.0mi. **KOM**

-37.1mi. **CAUTION:** open cattle guard

-44.0mi. active campground on **R**, boat launch on **L**

-46.9mi. **Feed Zone #2** followed by *Neutral* Feed Zone

-47.4mi. cattle guard

-53.9mi. Left onto SR-24

-67.9mi. Right onto 'Airport' Rd./TT Course

-68.3mi. **Feed Zone #3** followed by *Neutral* Feed Zone

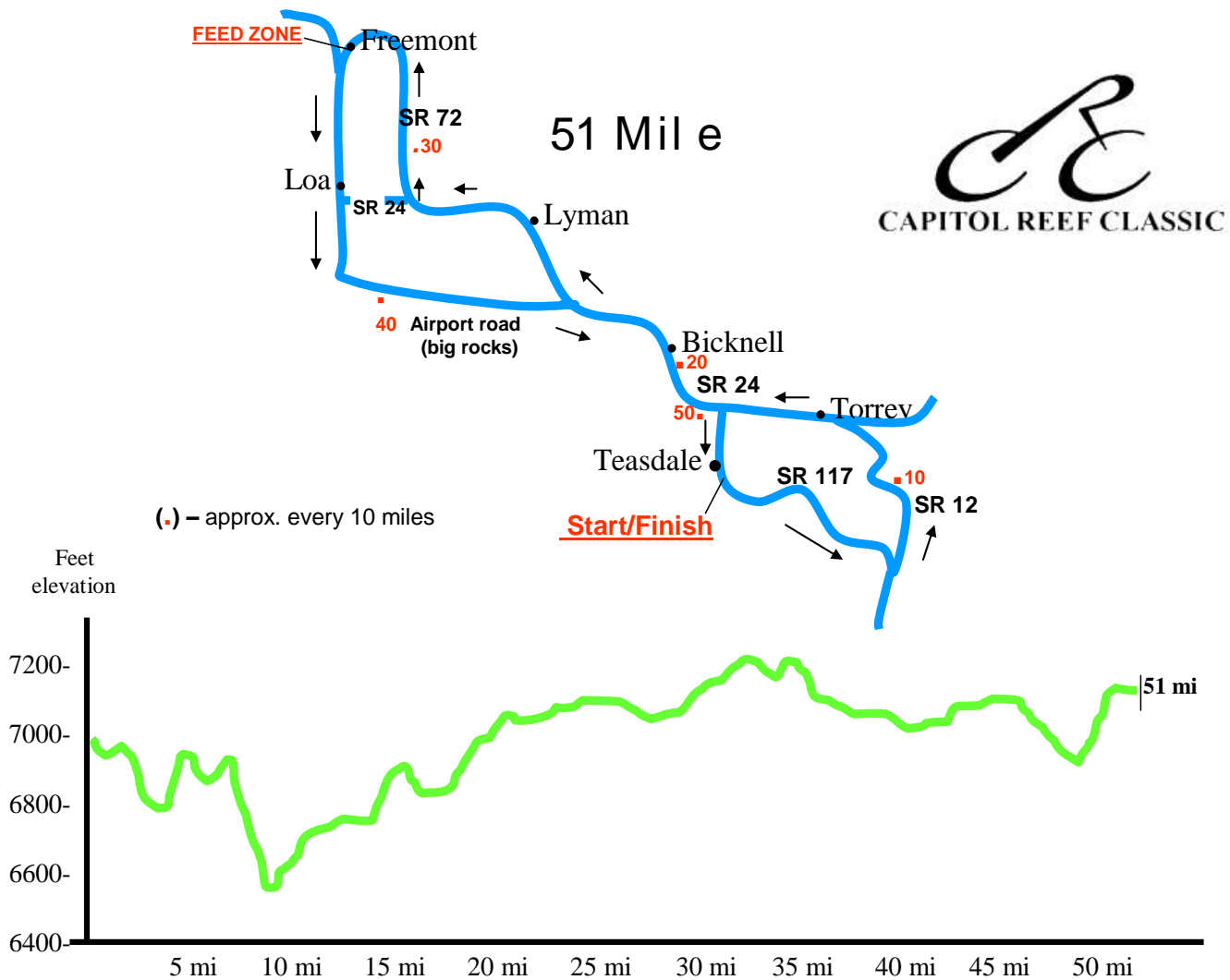
-73.9mi. Right onto SR-24 after cattle guard

-75.5mi. Bicknell Town

-79.6mi. Right onto Teasdale Rd.

- 81.6mi. Teasdale Town ... **FINISH!!!**

Medium Course – 51 mile *figure 8* route. A good road, 1 cattle guard, 2 climbs at 6-9%, 1 **feed zone** at mile 32.1. Watch for tourists, livestock, and farm equipment.

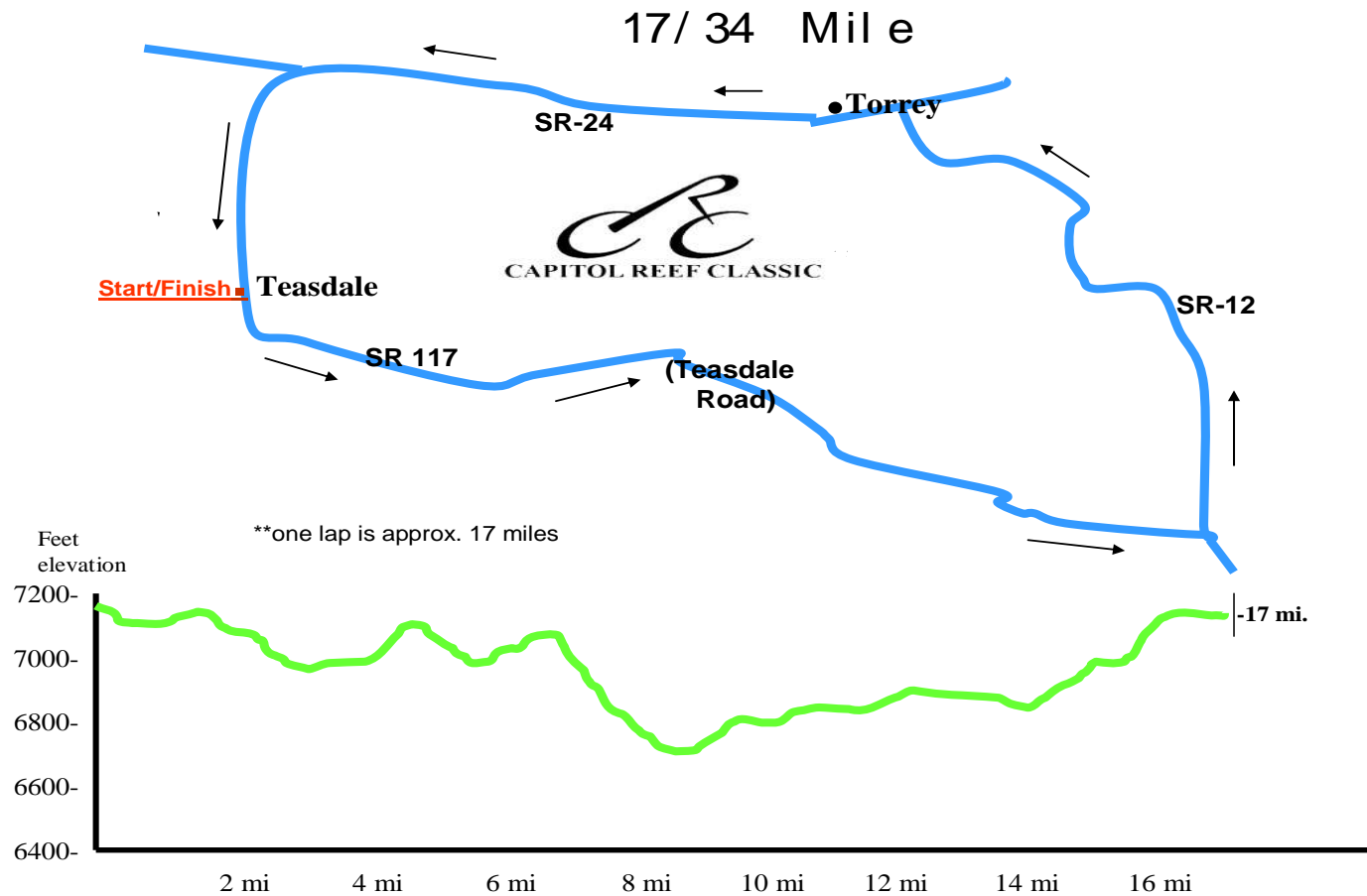


Medium Course:

START in Teasdale

- head south-east on Teasdale Rd.
- 6.9mi. Left turn onto SR-12
- 11.6mi. Left turn onto SR-24
- 12.5mi. Torrey Town – active tourism
- 20.5mi. Bicknell Town
- 25.5mi. Lyman Town
- 27.5mi. Right turn onto 1100 E./SR-72
- 28.5mi. STOP sign ... straight through intersection
- 31.6mi. Freemont Town ... Left turn onto Main St.
- 32.1mi. **Feed Zone** at top of short hill.
- 36.0mi. merge onto SR-24
- 36.9mi. bare Right onto 'Airport' Rd./TT Course
- 42.9mi. Right turn onto SR-24 after cattle guard
- 44.5mi. Bicknell Town
- 49.7mi. Right turn onto Teasdale Rd.
- 51.3mi. Teasdale Town ... **FINISH!!!**

Short Course – 17/34 mile clockwise circuit. Gradual climbs, good paved roads, some broken shoulders. Watch for tourists, livestock, and farm equipment.



Short Course:

- Start/Finish in Teasdale
- head south-east on Teasdale Rd.
- 6.9mi. Left turn onto SR-12
- 11.6mi. Left turn onto SR-24
- 12.5mi. Torrey Town...active tourism
- 15.8mi. Left onto Teasdale Rd
- 17.1mi. Start/Finish (Juniors 15 & up-2 laps)